



1 Thessalonians 4:3-5

³ God's will is for you to be holy, so stay away from all sexual sin. ⁴ Then each of you will control his own body and live in holiness and honor—⁵ not in lustful passion like the pagans who do not know God and his ways.

Calvary Chapel Nuevo

Daily Devotion Journal

LUST

CALVARY CHAPEL NUEVO

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**FOR RESOURCES GO TO
CALVARYNUEVO.ORG OR WORDBYMAIL.COM
OR CONTACT US BY PHONE OR EMAIL ABOVE**

The Road Map

Someone once said that the eyes are the window to the soul. Well, the Bible speaks of the eyes being the lamp to the body. In other words, what we allow our eyes to fix on will affect our minds and our hearts for better or worse. This is what makes lust so dangerous.

Lust is not just related to sexual immorality. It can cover a broad range of categories. Neither is it gender or age specific. It can bind and destroy anyone at any time.

However, lust, as powerful as it may be in an individual's life, can be broken. In order for this freedom to take place in your life and mine, there are three things that must be understood.

First, it is vital that we understand and commit to the belief that lust is a real danger. One of the deceptions of lust is that it is often viewed by society or the individual harboring it as harmless. This is a grave mistake.

Second, we must understand that God is ever-present with us and that our "secret" sins are detestable to him. One of the most common phrases that follow "It's harmless" is that "God loves me anyway." Though true, this is meant to justify the continuance of a lustful lifestyle with a misguided notion that "God understands". God is NOT okay with it.

Third, we need to take action. The Bible describes various ways we can take action in order to gain freedom from this heinous lifestyle, not the least of which is falling on God's grace.

Everything will distract you from this study. Don't buy it. It is simply your flesh giving its last breath before it is finally crucified.

God Bless you!

Daily Devotion Journal

There may be nothing more powerful in our Christian life than spending quiet devotional time with God on a regular basis. This is where God's Word comes alive to us, where we hear Him speak to us, and where we find ourselves in a place to respond to Him.

The Daily Devotion Journal is designed to help you do just that. Pick a meaningful scripture, give yourself 20-30 minutes, and purposefully meet God in His Word and Prayer. Follow each step. Don't rush through it. Really commit to meet God during this time.

First, Pray. Slow down and make your heart ready to hear from God.

Then, **MEDITATE** on the scripture. Read it slowly, carefully, repeatedly, asking God to speak to you through His Word. If necessary, check the surrounding verses to help you understand the key scripture. You can also begin to pray this scripture while you're meditating on it. Start making this scripture a prayer for your life.

Next, write out the scripture in your own words. While you're writing, let the words sink in.

Now you're ready to **APPLY** this scripture to your life. Be personal and specific. Write down what area of your life The Holy Spirit is addressing through this scripture. How does this scripture specifically apply to your life? Be honest. Be real with God.

Next, decide what you going to do, today, in **RESPONSE** to this scripture? Maybe it's a physical action, maybe it's taking your thoughts captive, maybe it's choosing to respond in your heart according to God's Word. How are you going to respond to this scripture, today?

Finally, write out a prayer to God in response to this time with Him. Ask for the power of The Holy Spirit to make this scripture real in your life. Make your commitment to God, and thank Him for speaking to you through His Word.

Now, the final question is; How do you choose the scripture to use with the journal?

The best way is to come back to the Discipleship Resource Table on any Sunday and the people there will be glad to help you find appropriate scripture. You can also email me at shep@calvarynuevo.org and tell me what topic you're looking for scripture on, and we will send you scripture to use with your Daily Devotion Journal. You can also ask someone you consider a spiritual mentor to help you find appropriate scriptures.

You can download this journal page at calvarynuevo.org. Or you can ask us for journal books that come with 30 journal pages. We have journal books with no scripture, for you to put your own scripture in, and we also have 'topical' journal books, that come with 30 pre-printed scriptures for you to spend 30 days on one specific subject with God.

Our 'topical' journal books have been a tremendous blessing to everyone who has used them. Please consider trying one in your quiet time with the Lord.

I promise you, God will meet you during this time. And if you will surrender all of your life to Him, and allow His Word to renew your mind, He will transform you.

Rom 12:1-2,

Pastor Dave

Lust as a Real Danger

Daily Devotion Journal

SCRIPTURE :

Luke 11:34-36

Date _____

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1 Corinthians 6:9-11

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Romans 7:23-25

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James 4:17

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1 Thessalonians 4:6-8

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Proverbs 6:27

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James 1:13-16

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Ephesians 5:3

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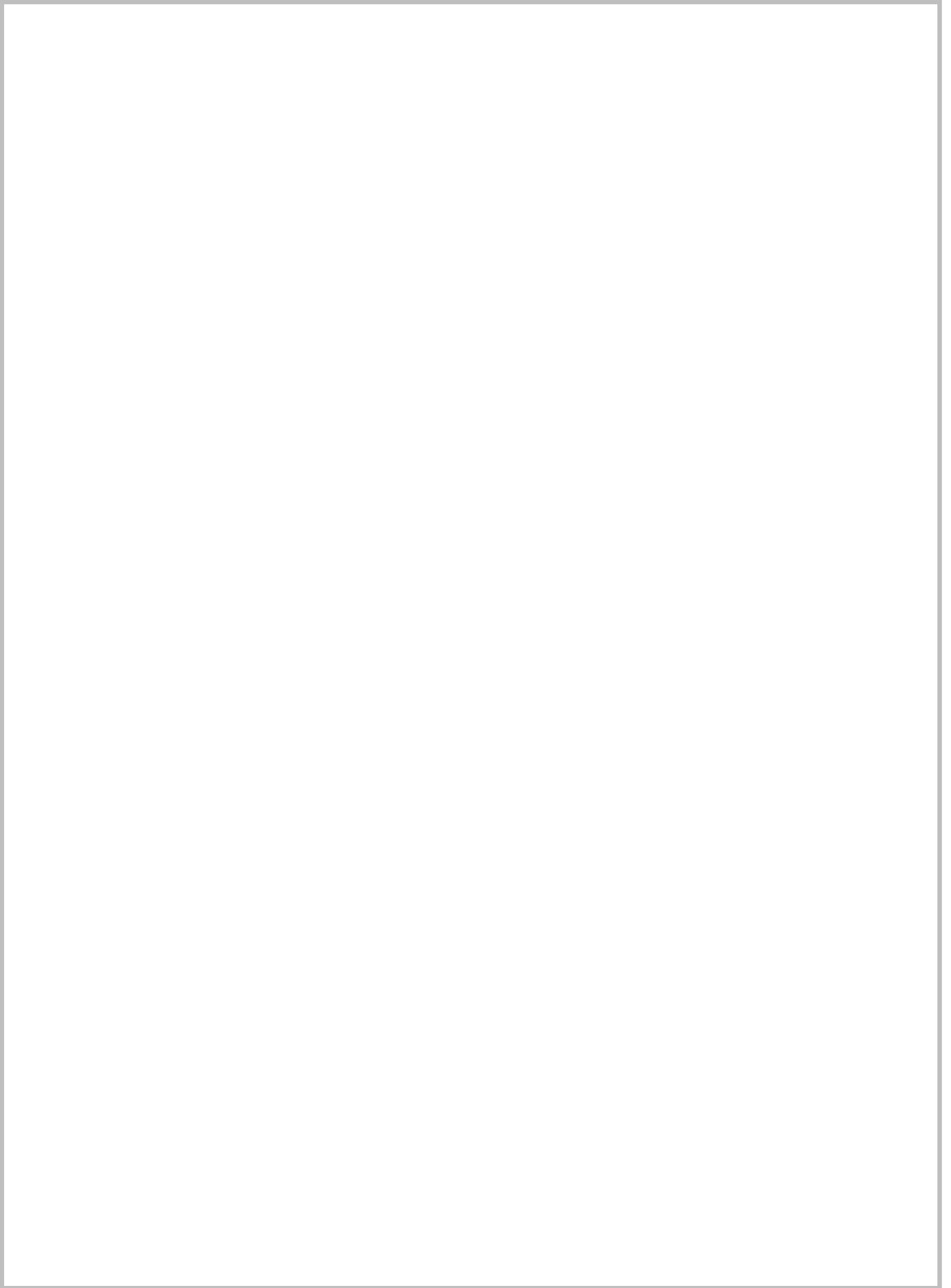
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Matthew 5:28-30

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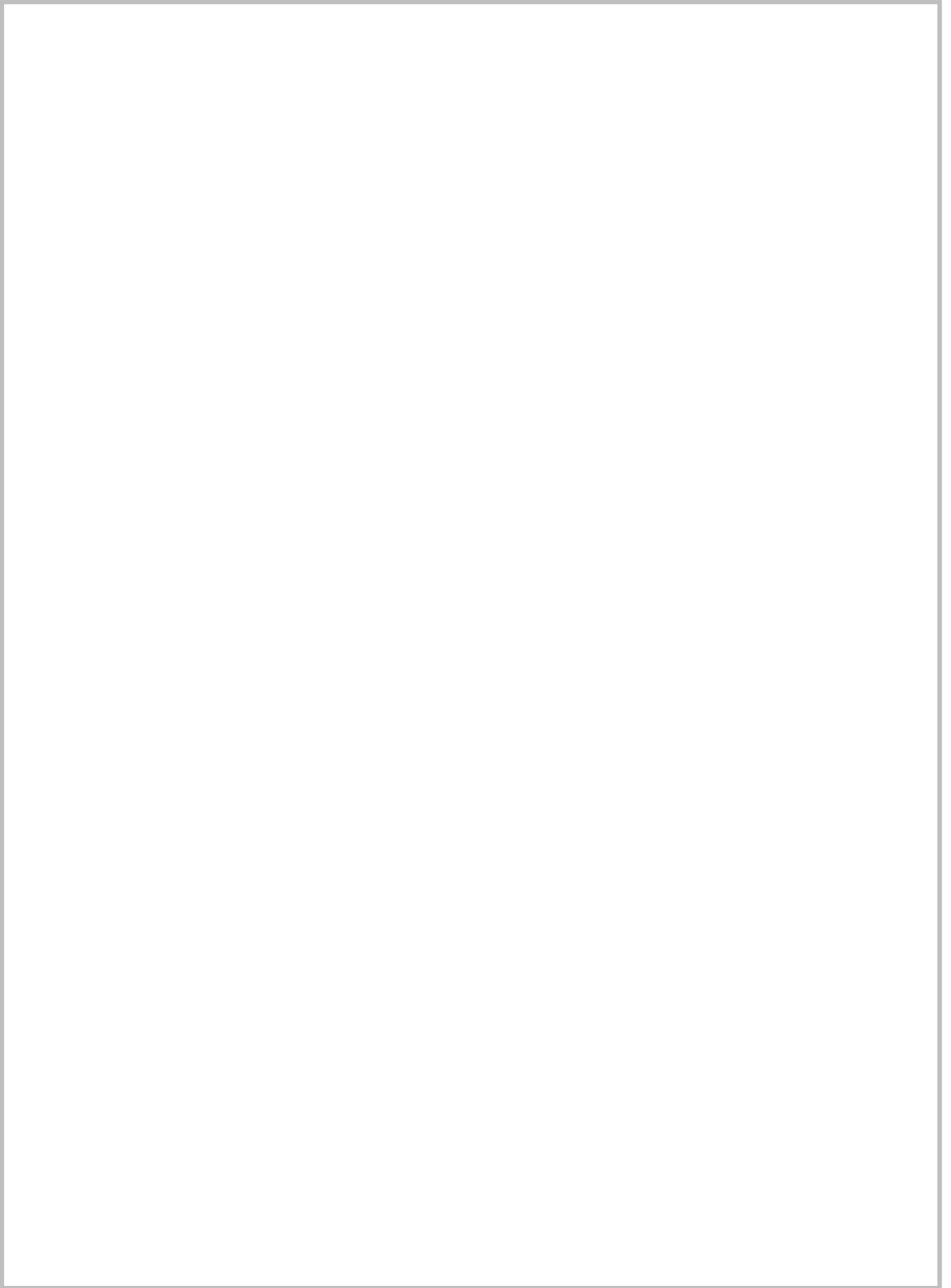
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Ephesians 4:17-20

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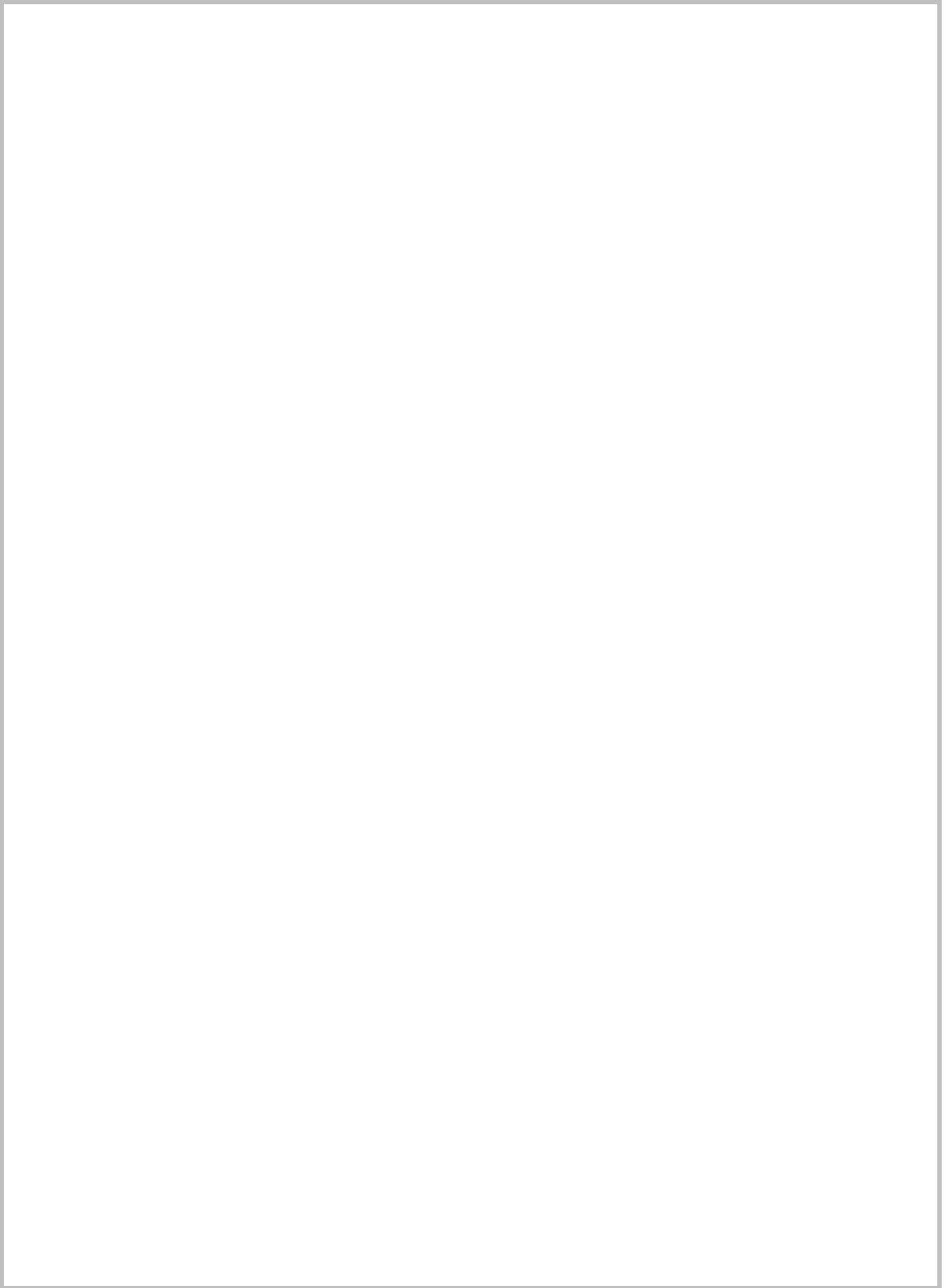
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1 Peter 2.11

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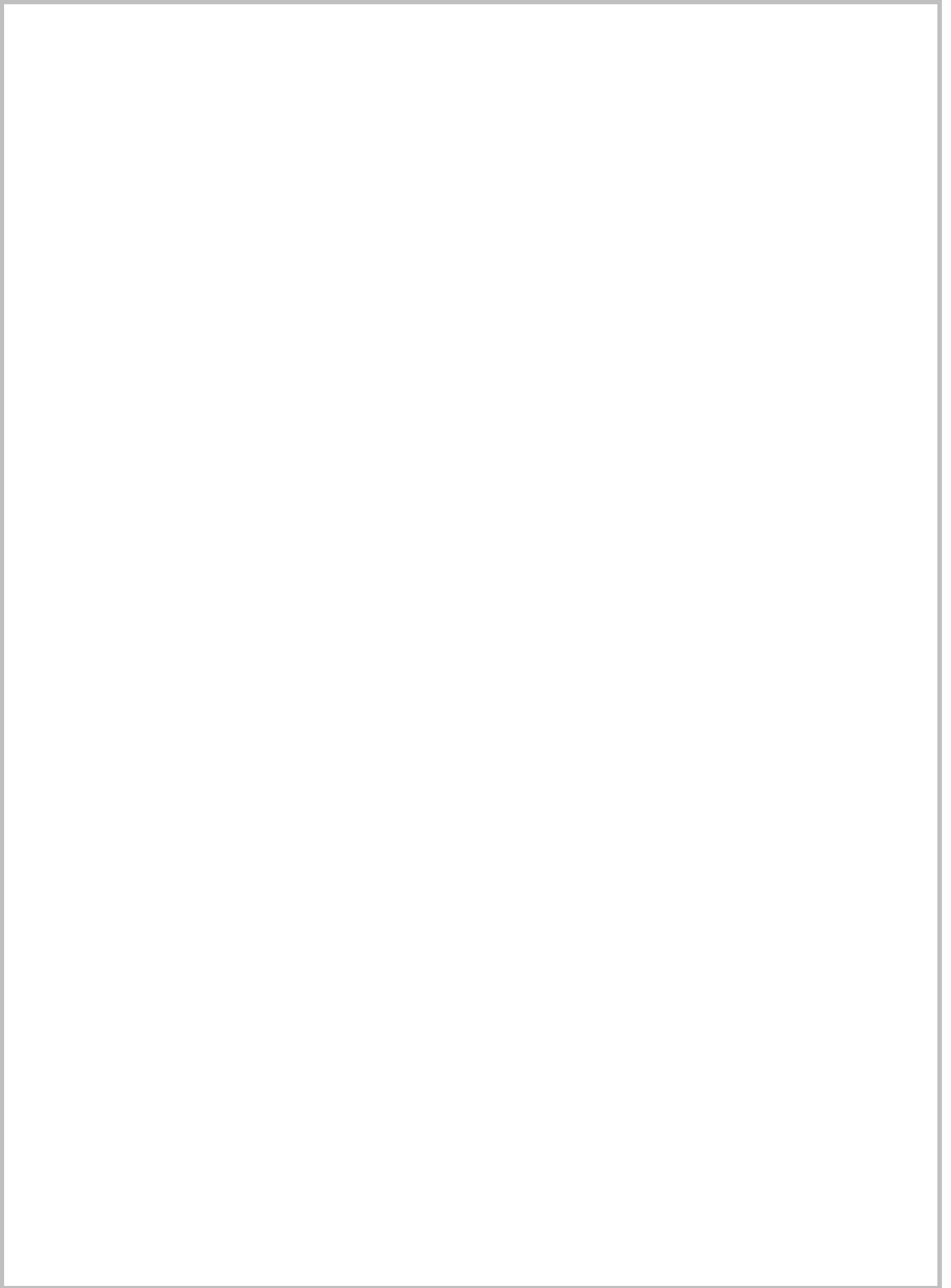
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Ephesians 5:11-12

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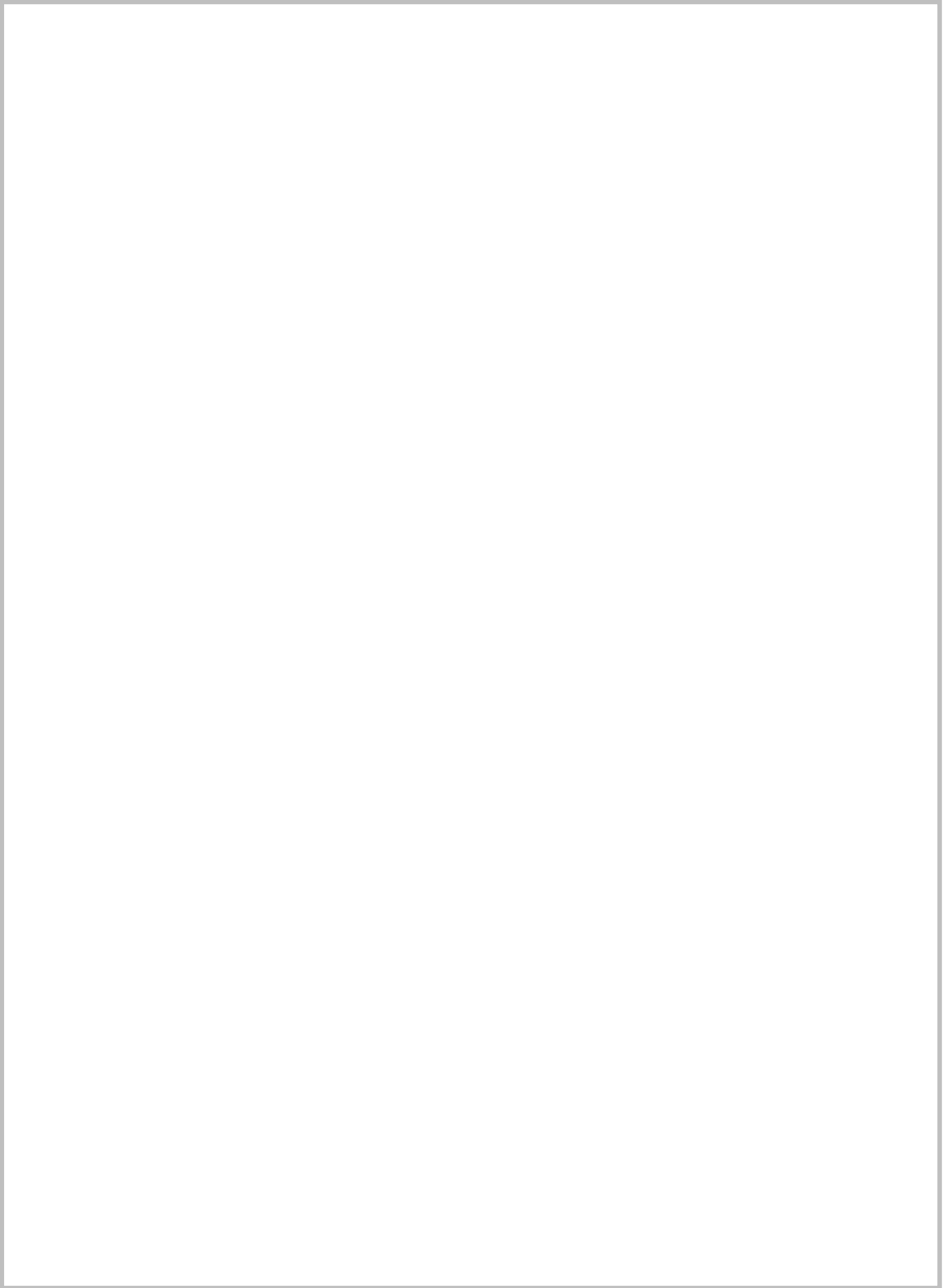
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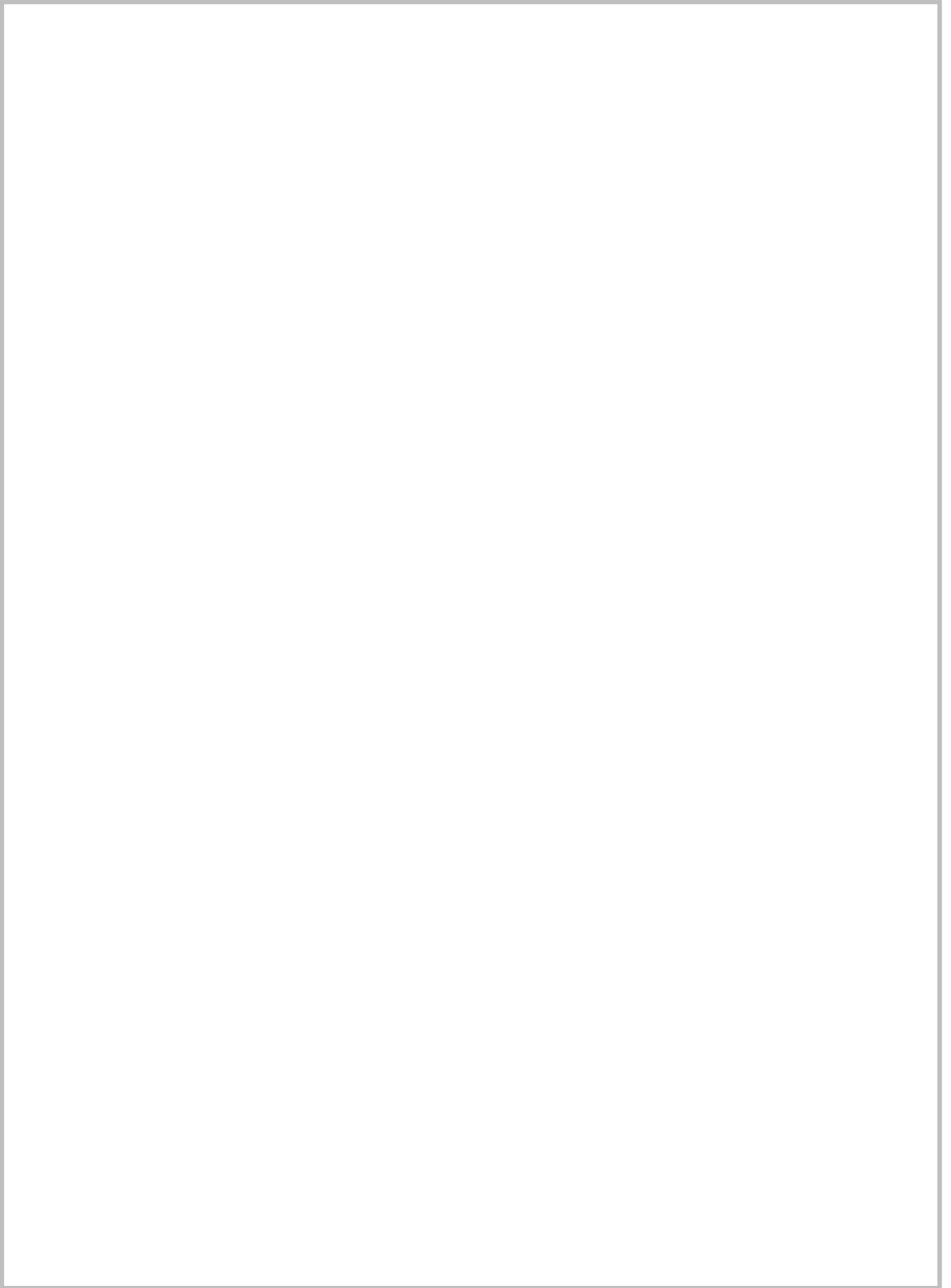
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God With Us



Daily Devotion Journal

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Psalm 90:8

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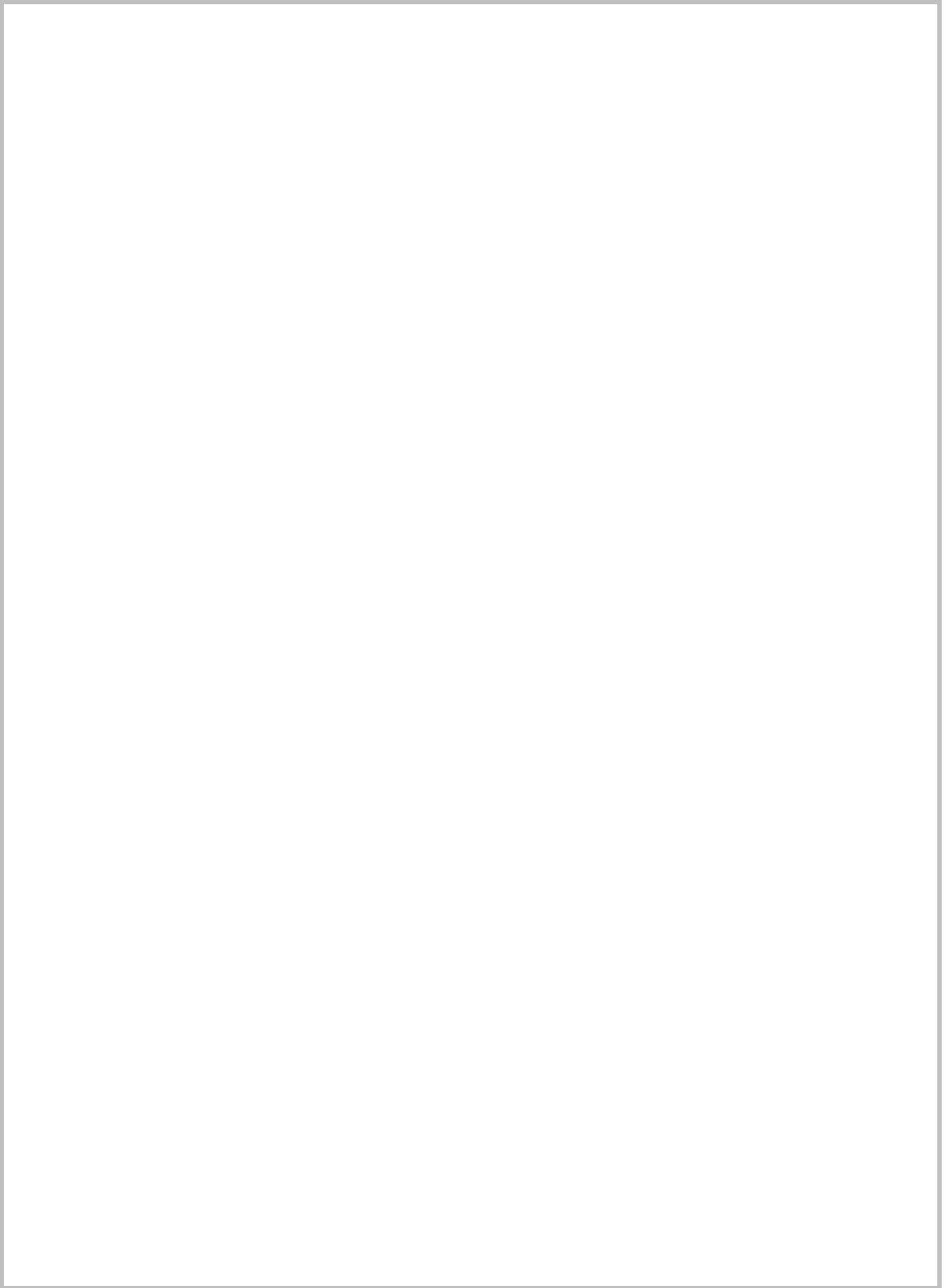
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Jeremiah 23:23-24

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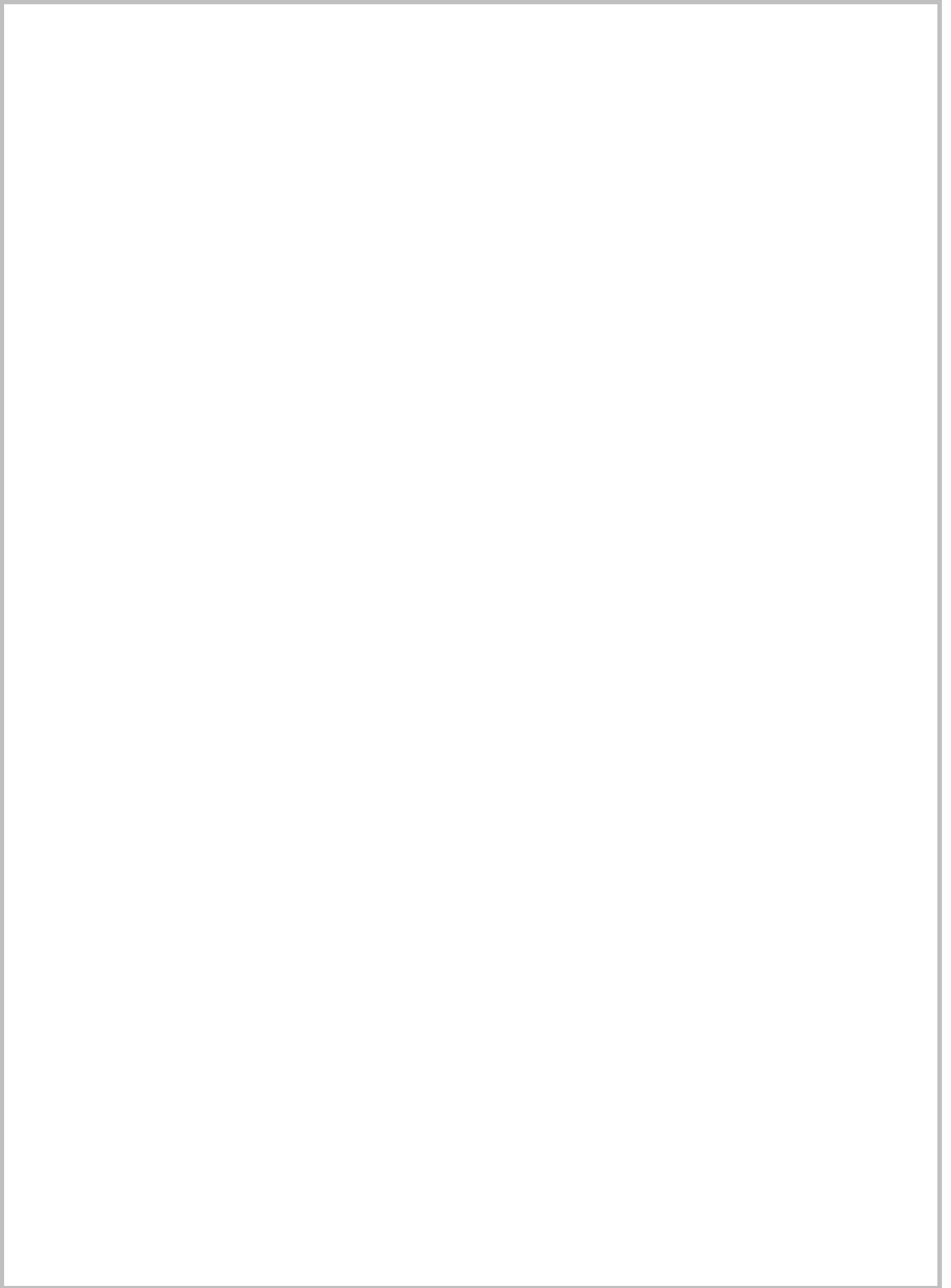
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Hebrew 4:13

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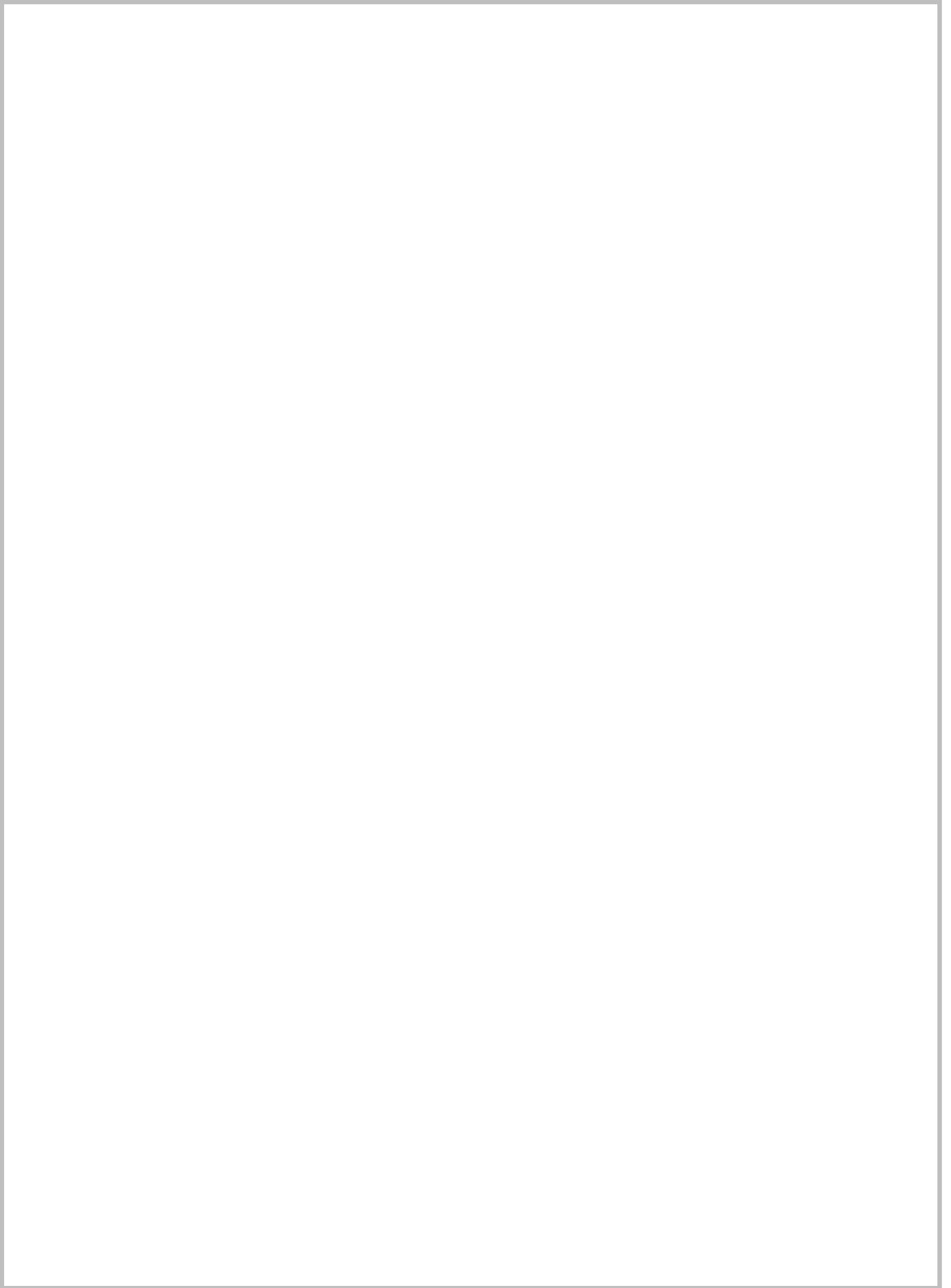
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Proverbs 15:3

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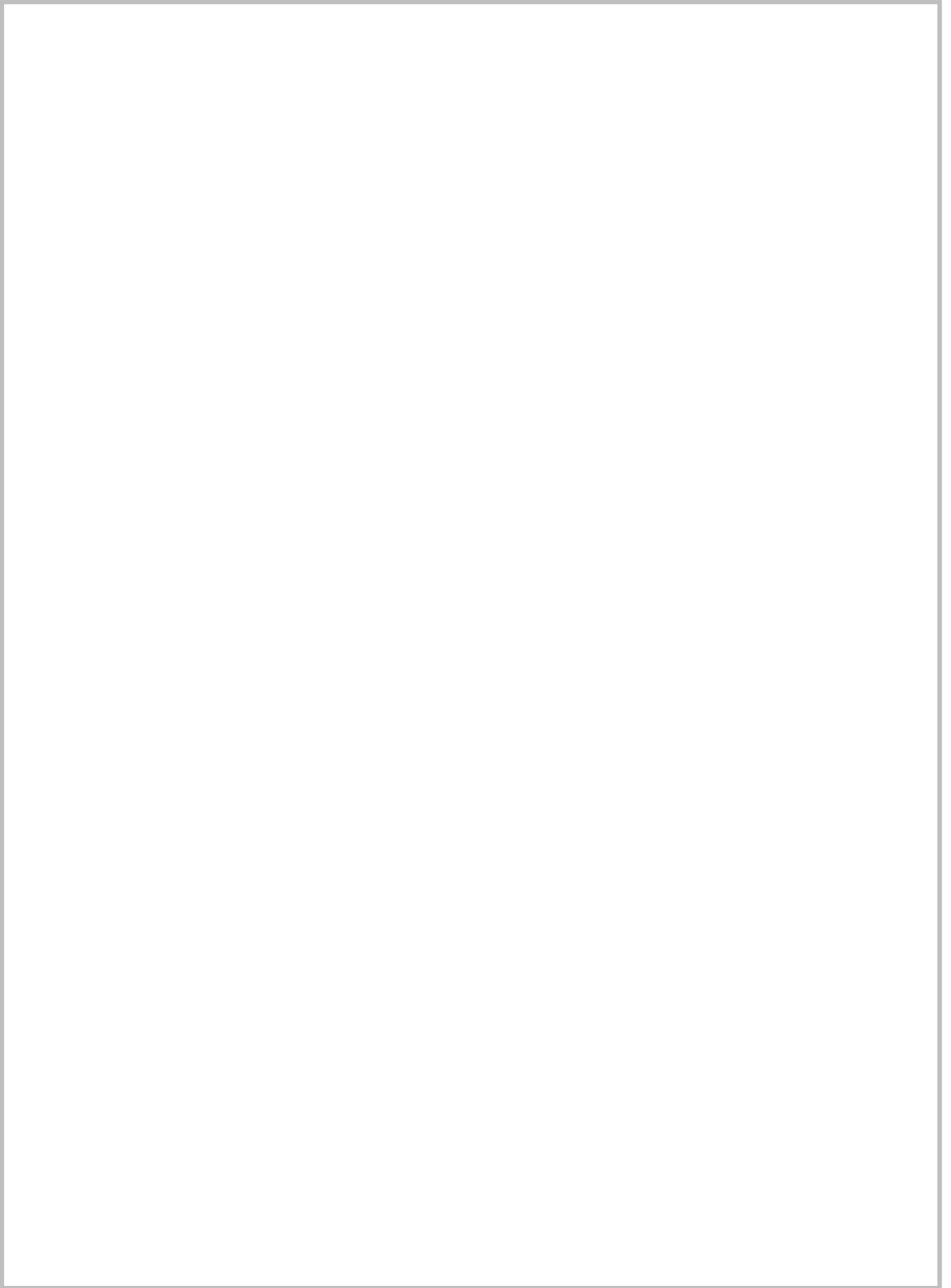
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2 Chronicles 16:9

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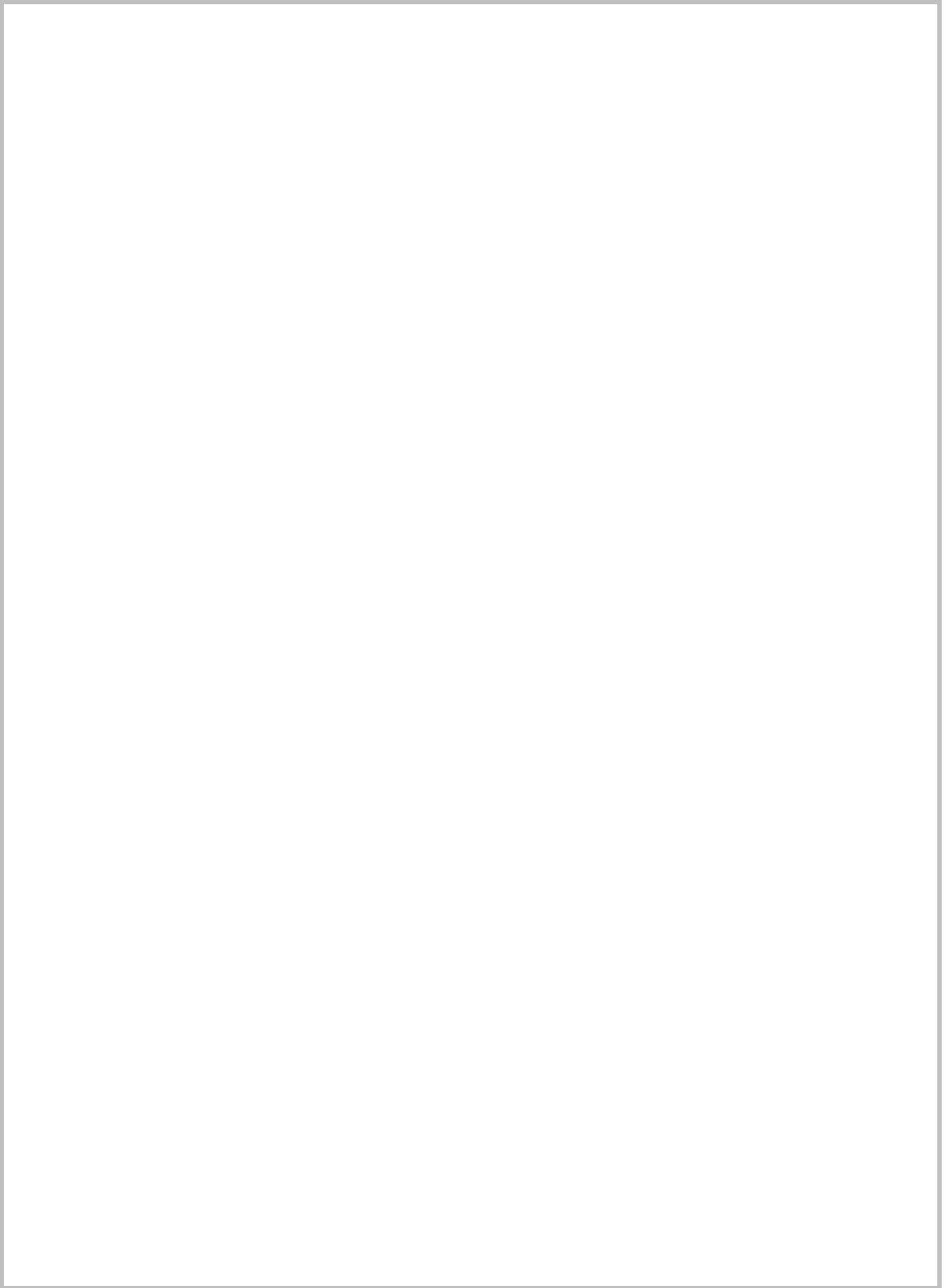
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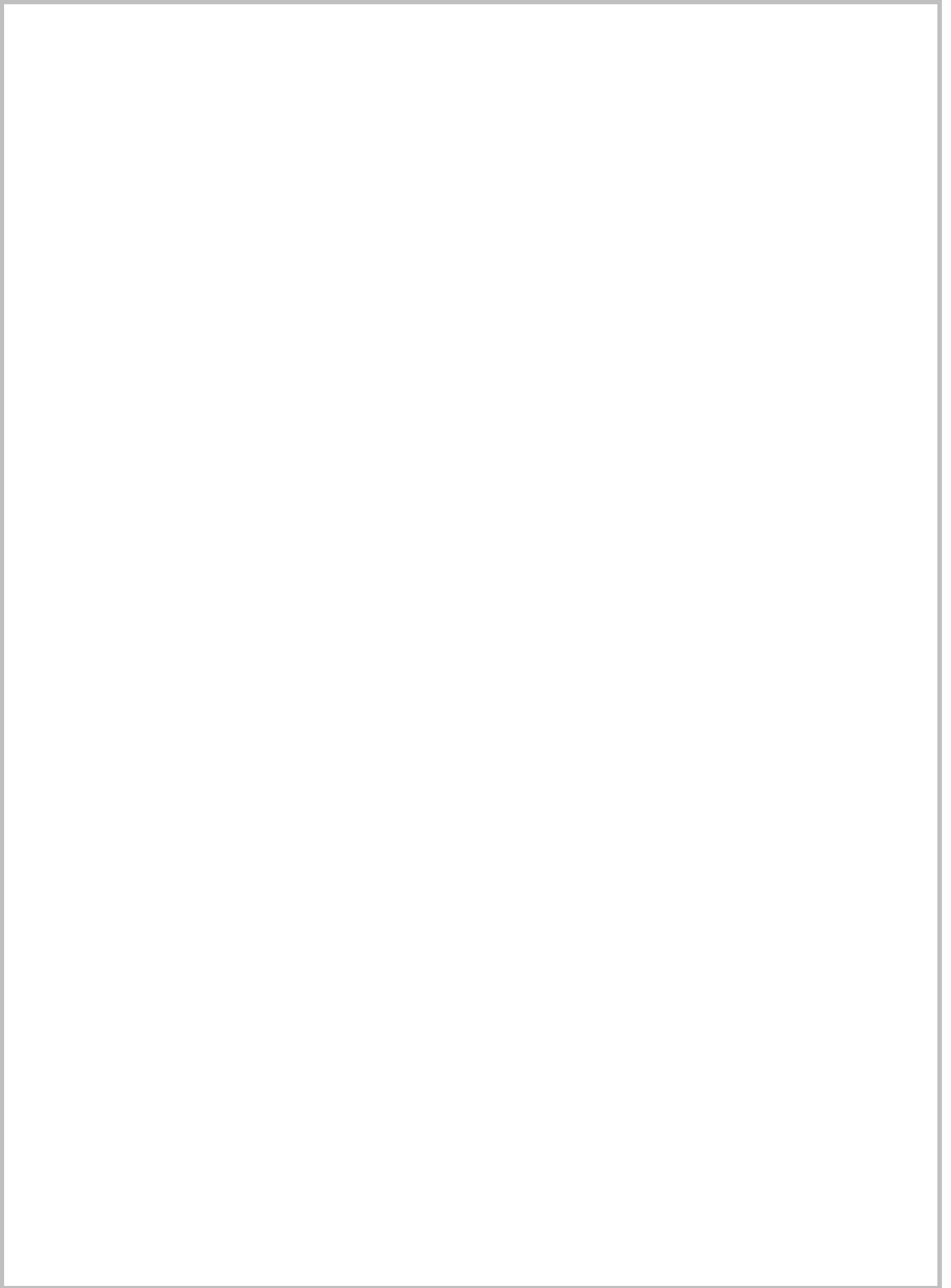
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Finding Freedom



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Titus 2:11-12

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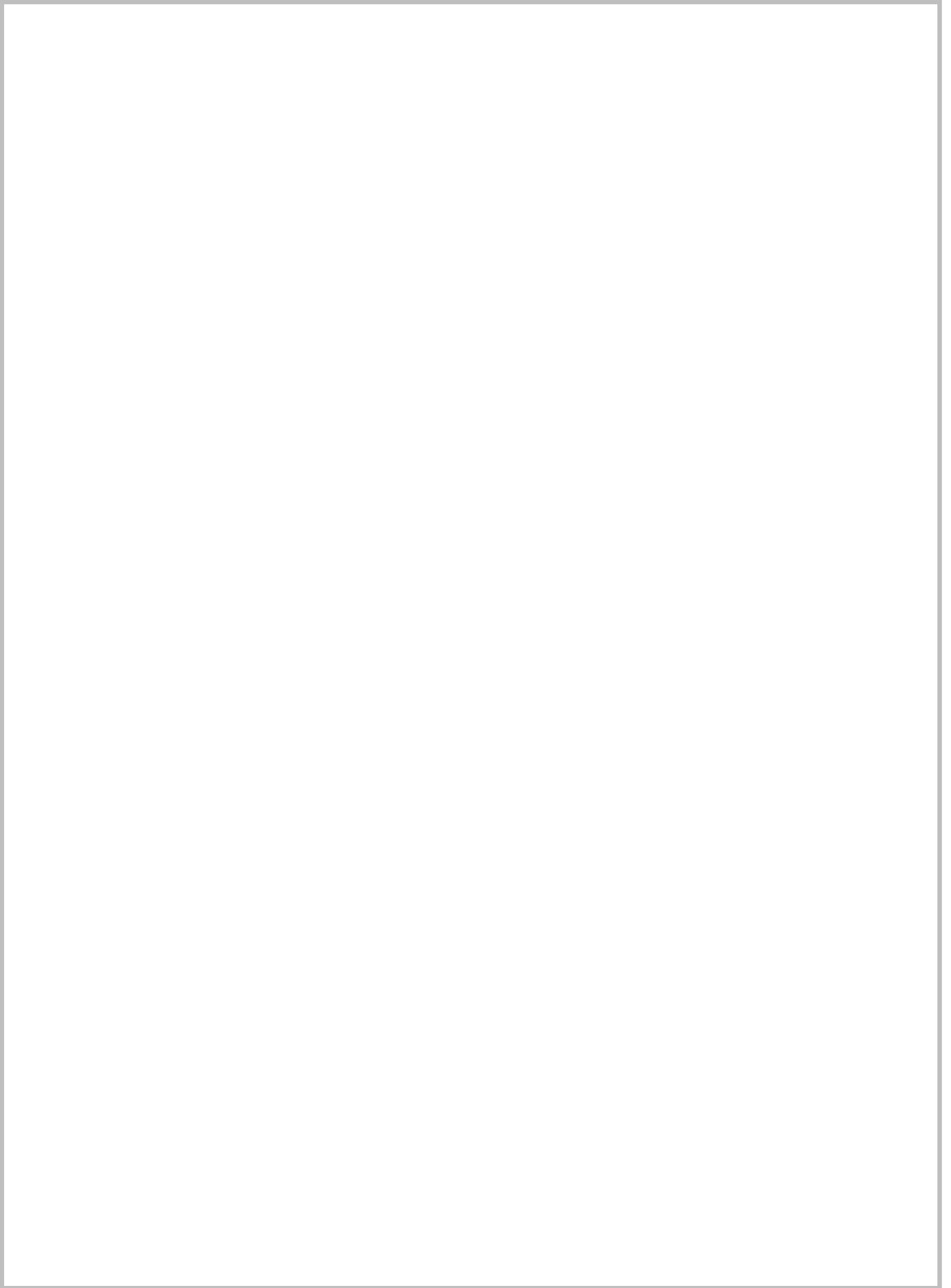
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Daily Devotion Journal

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2 Corinthians 5:17

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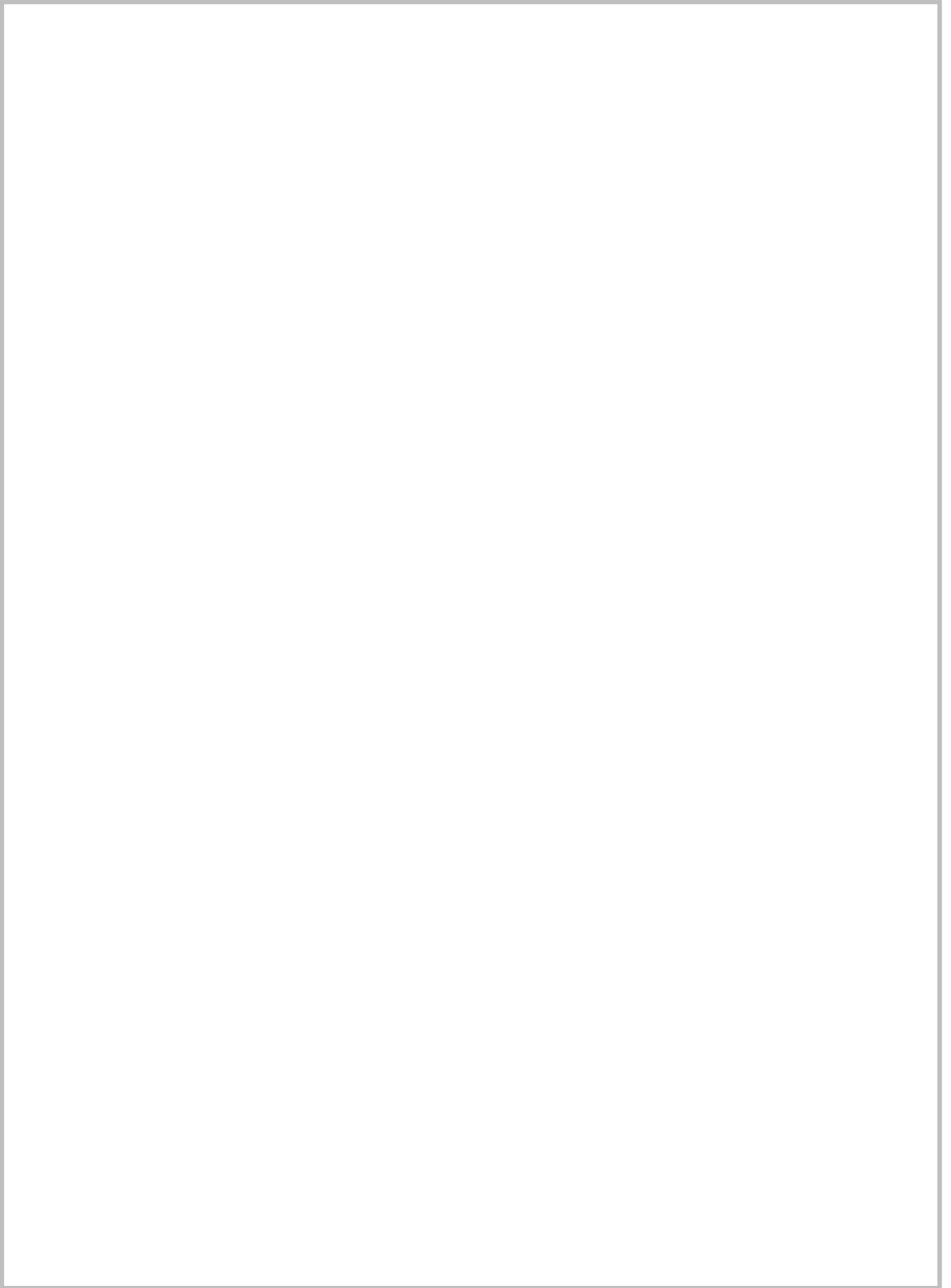
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John 8:36

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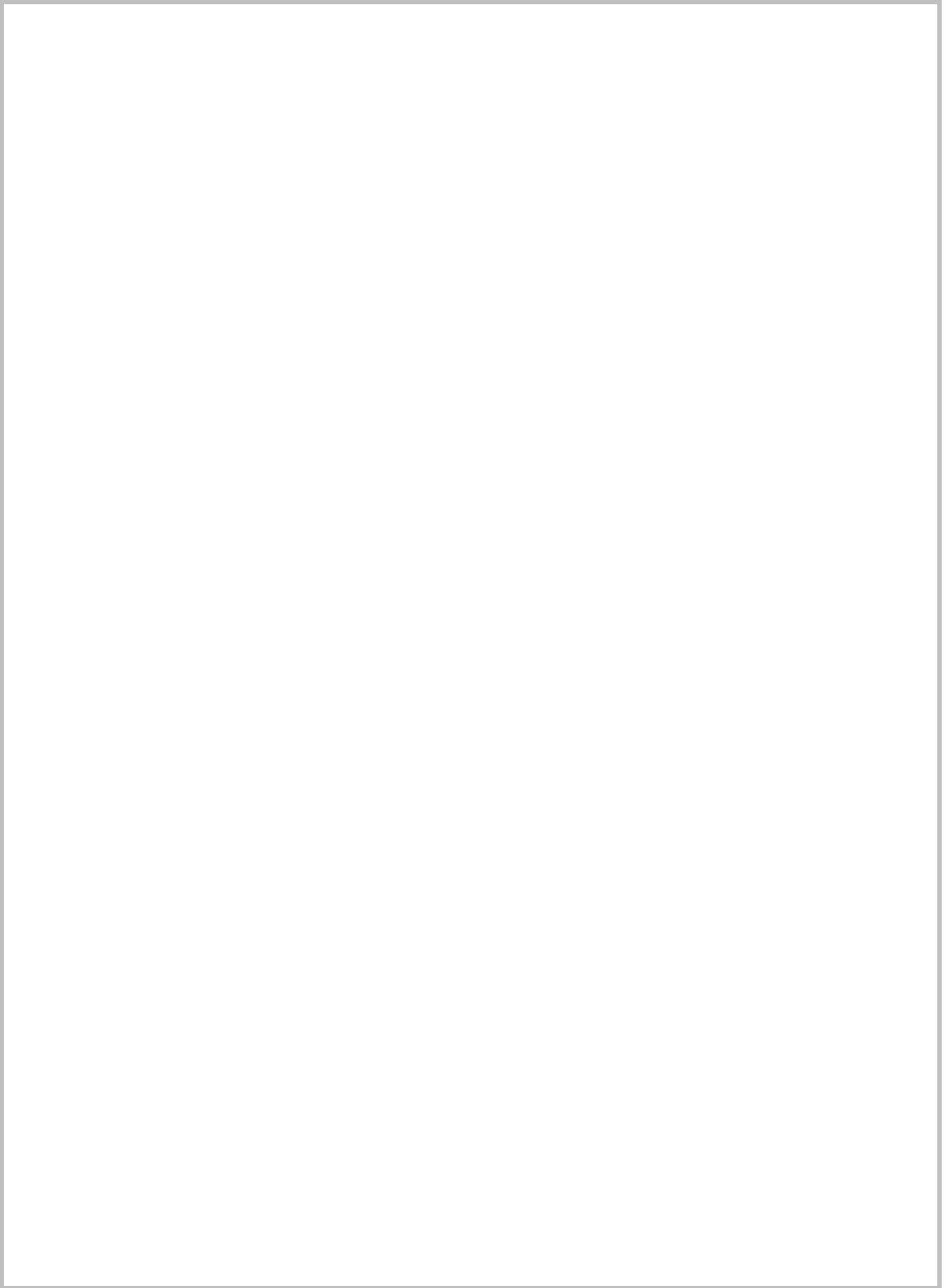
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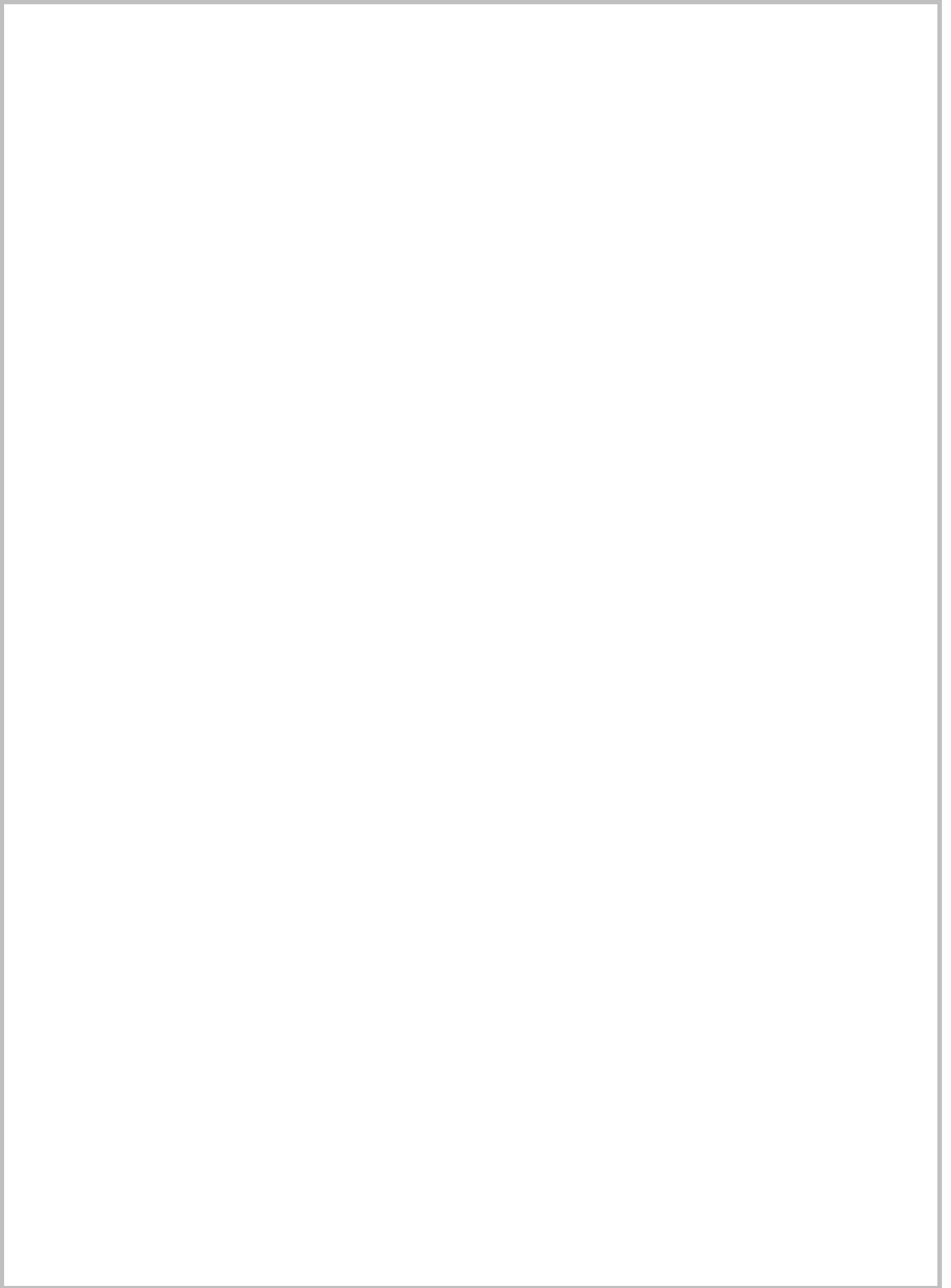
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2 Corinthians 10:13

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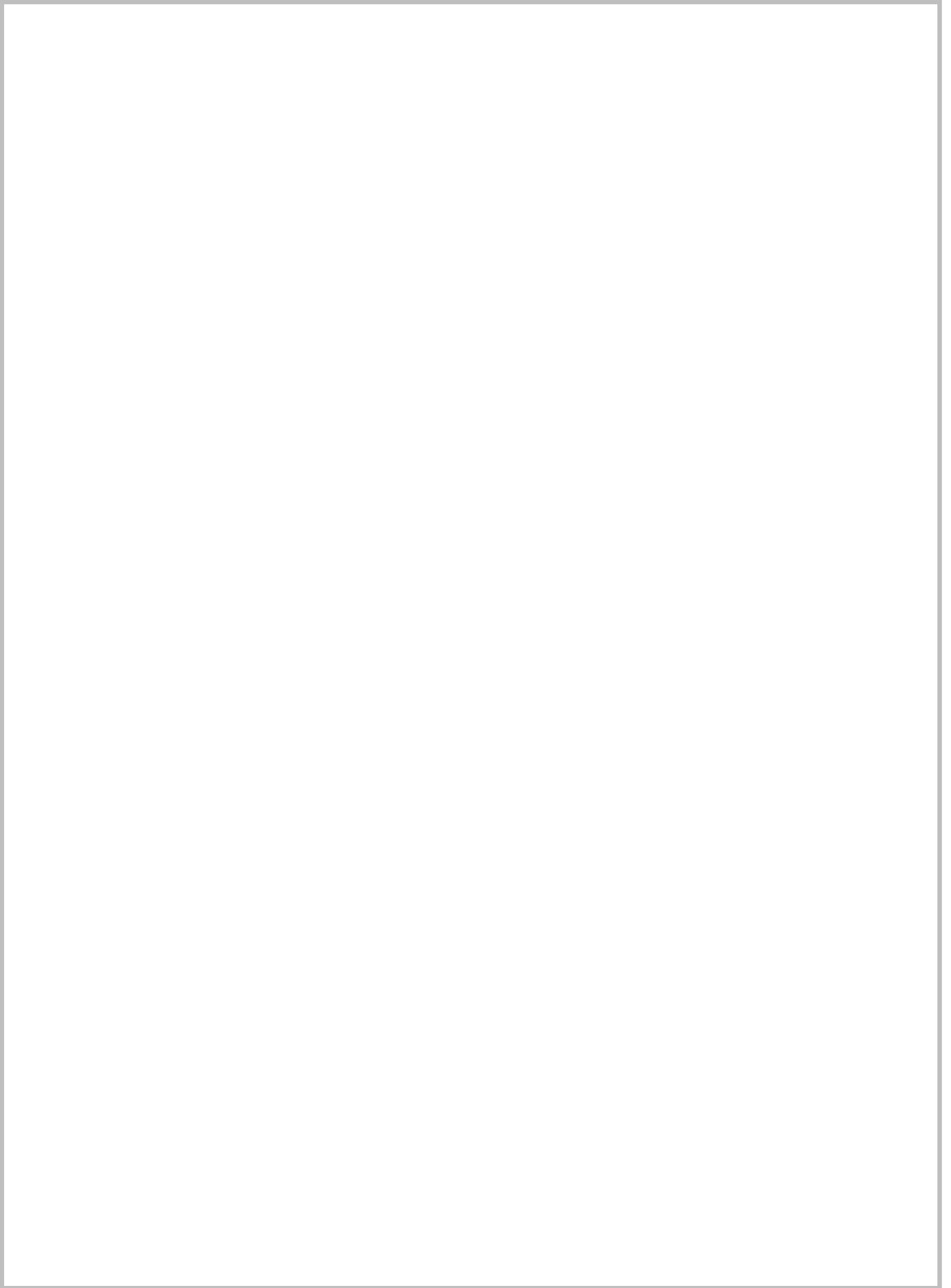
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Romans 12:1-2

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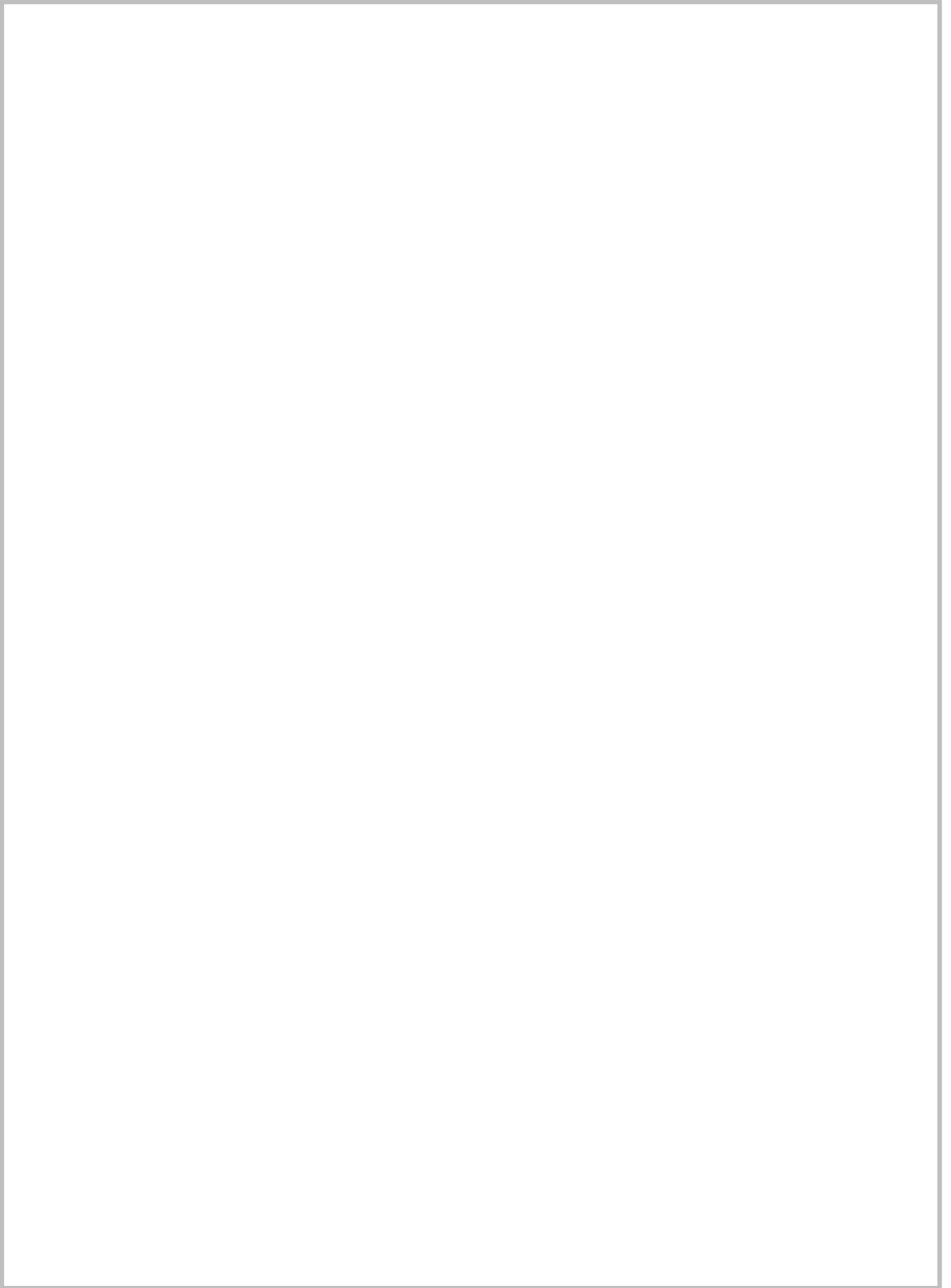
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Philippians 4:8

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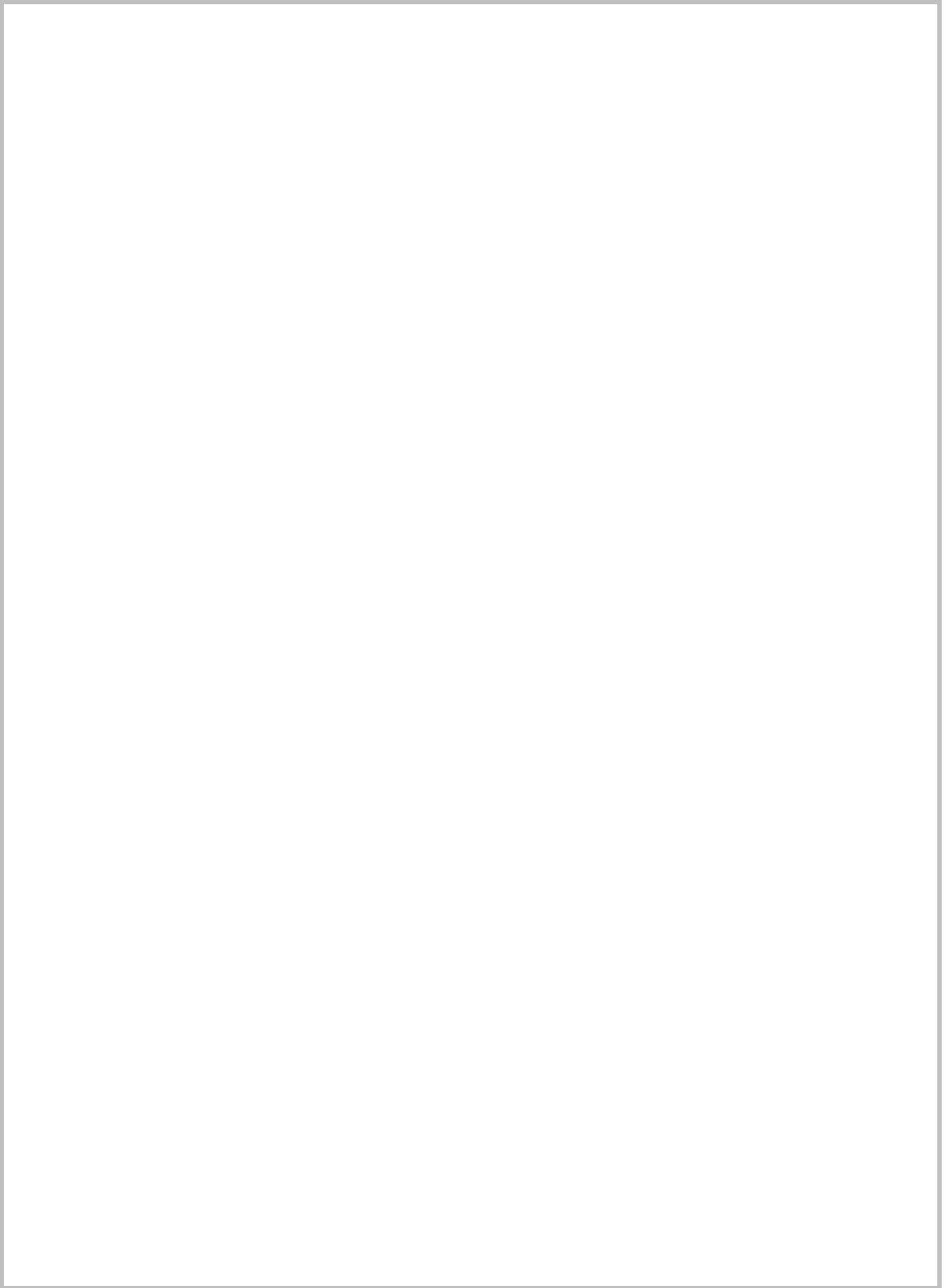
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Daily Devotion Journal

SCRIPTURE :

Genesis 4:7

Date _____

PRAY - **Slow Down.** Pray God would make your heart ready to hear from Him. Shut out everything else. Get alone with God.

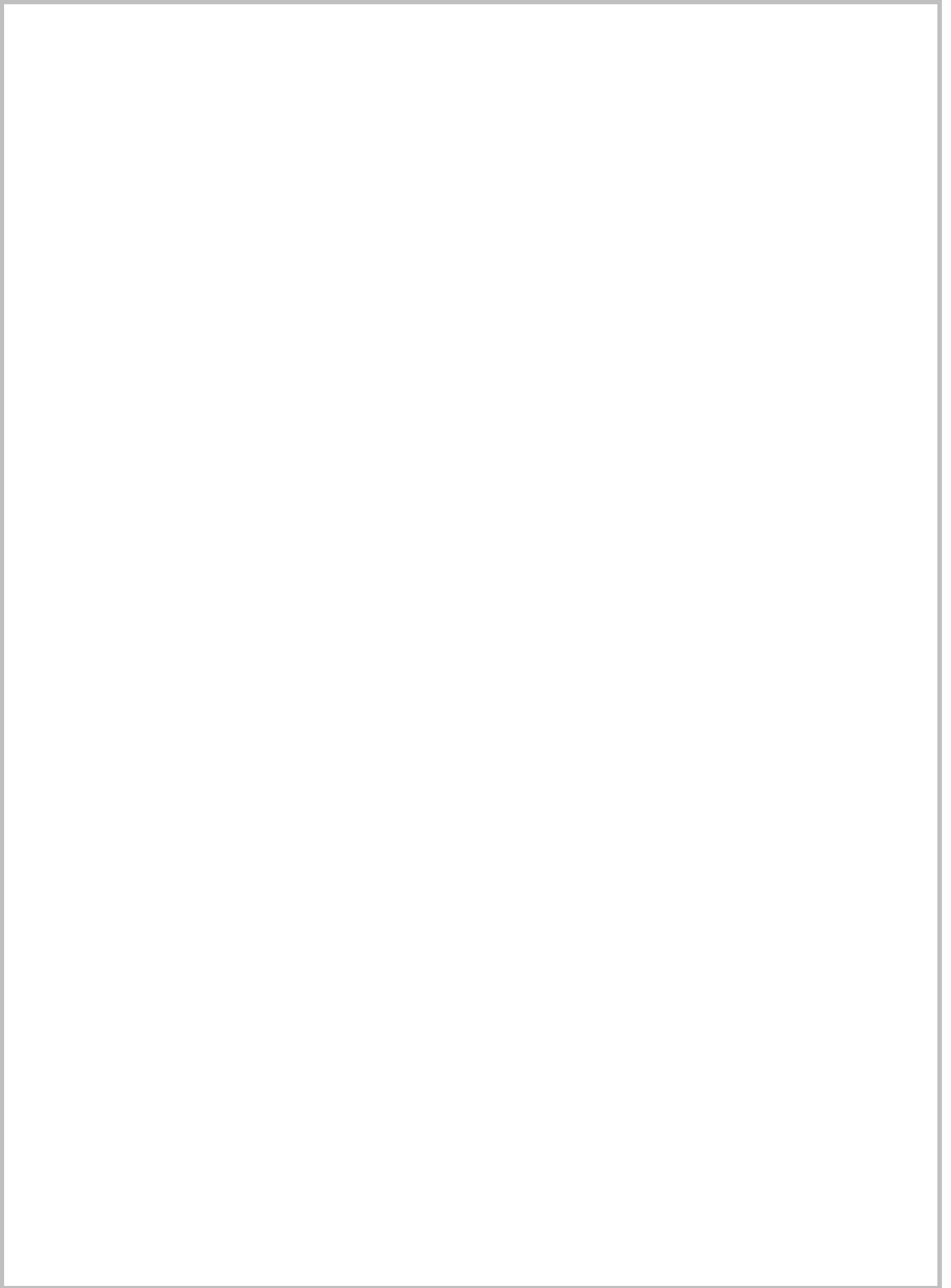
MEDITATE on the **scripture.** Read it slowly, carefully, repeatedly. Check surrounding verses to help you understand the key scripture if necessary. Begin to turn this scripture into a prayer for your life.

Write out the key scripture in your own words. Continue to make this scripture your prayer.

APPLY - **How does this scripture apply to YOUR LIFE today?** Be specific and personal. What is God speaking to you, about your life, through this scripture today.

RESPOND - What specific actions will you take today in response to this scripture?

PRAY - Write your prayer to God in response to this scripture.



Daily Devotion Journal

SCRIPTURE :

2 Timothy 2:22

Date _____

PRAY - **Slow Down.** Pray God would make your heart ready to hear from Him. Shut out everything else. Get alone with God.

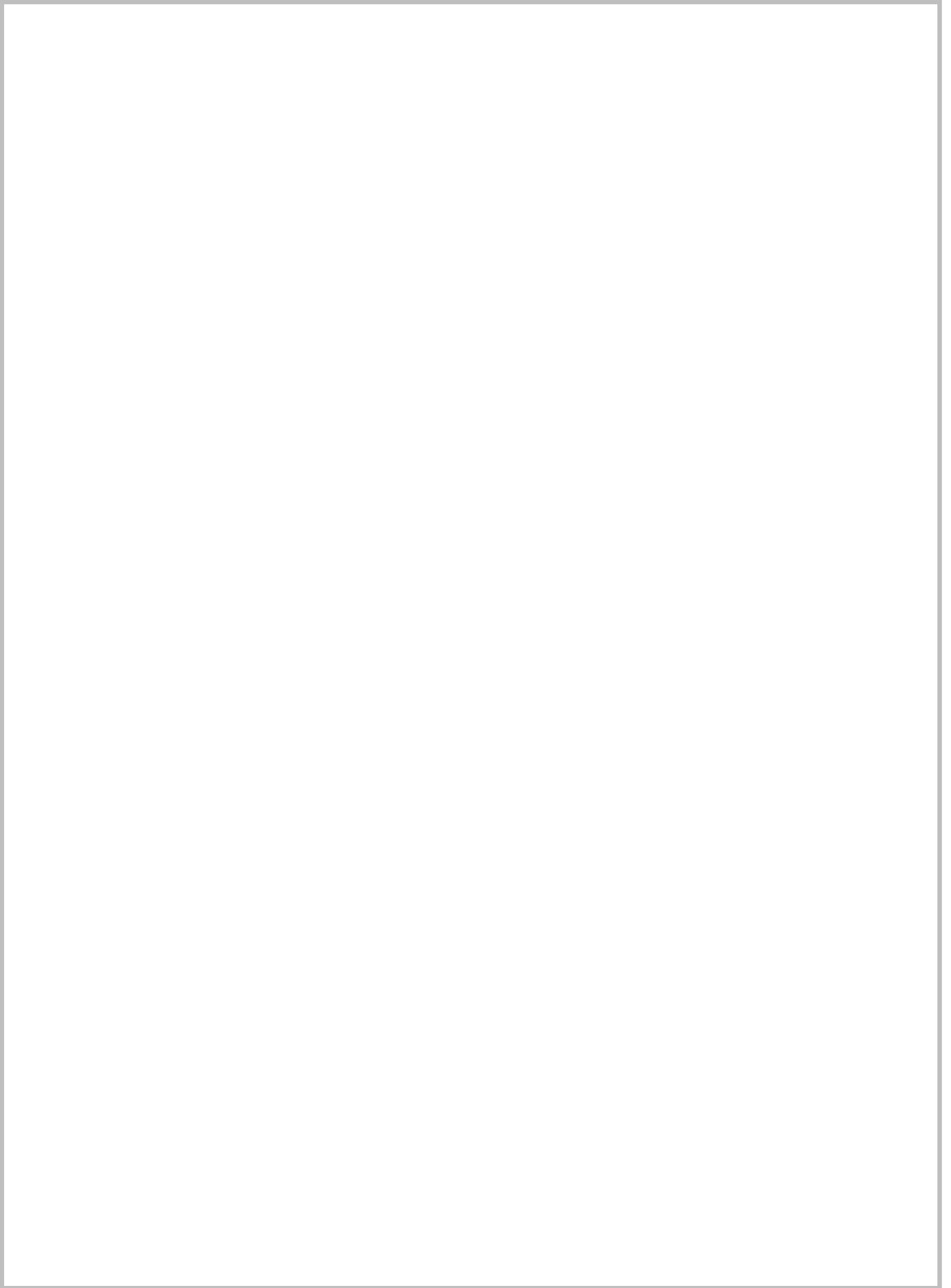
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RESPOND - What specific **actions** will you take today in response to this scripture?

PRAY - Write your prayer to God in response to this scripture.



Daily Devotion Journal

SCRIPTURE :

2 Corinthians 10:5

Date _____

PRAY - **Slow Down.** Pray God would make your heart ready to hear from Him. Shut out everything else. Get alone with God.

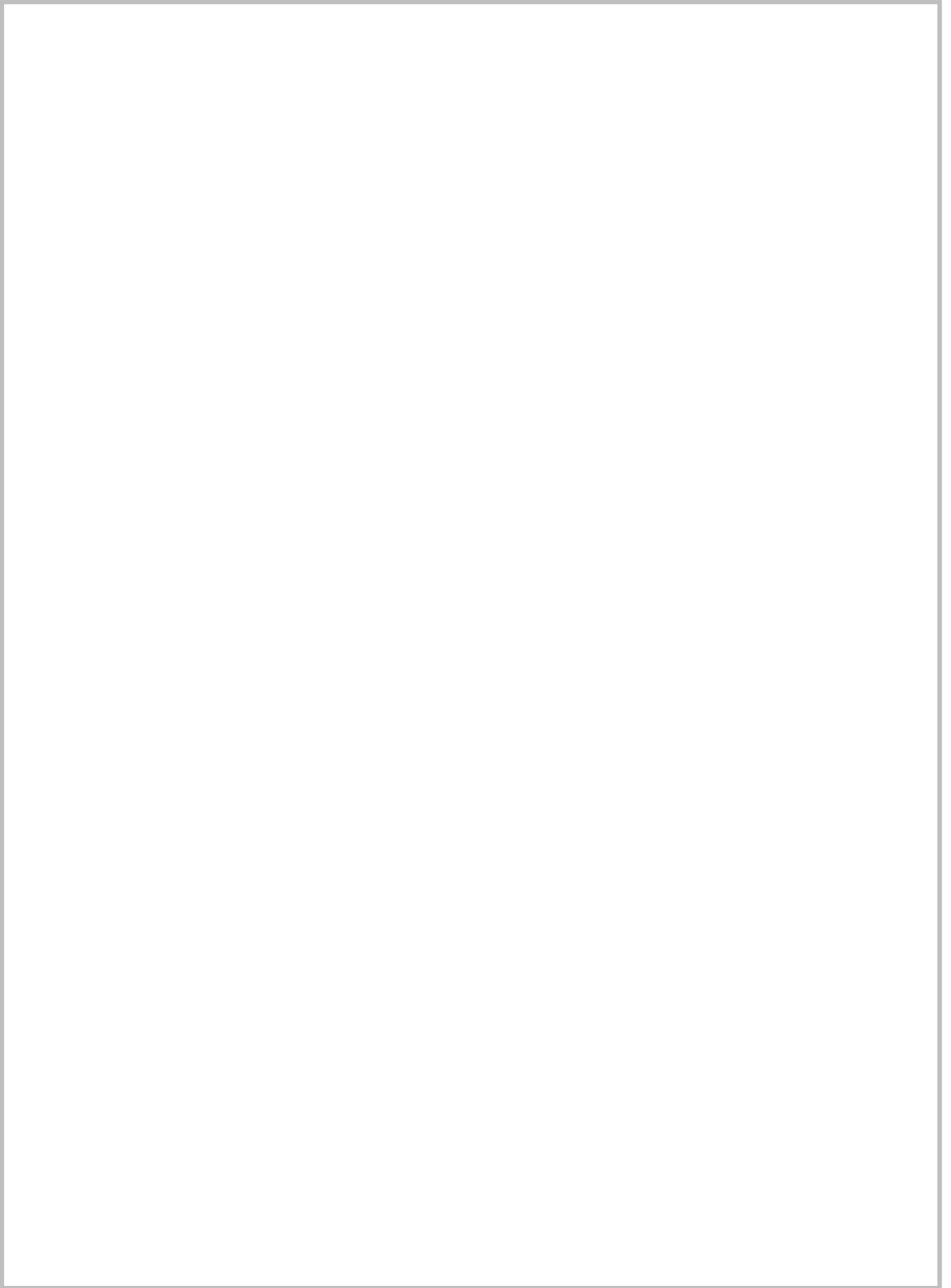
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PRAY - Write your prayer to God in response to this scripture.



Daily Devotion Journal

SCRIPTURE :

Job 31:1

Date _____

PRAY - **Slow Down.** Pray God would make your heart ready to hear from Him. Shut out everything else. Get alone with God.

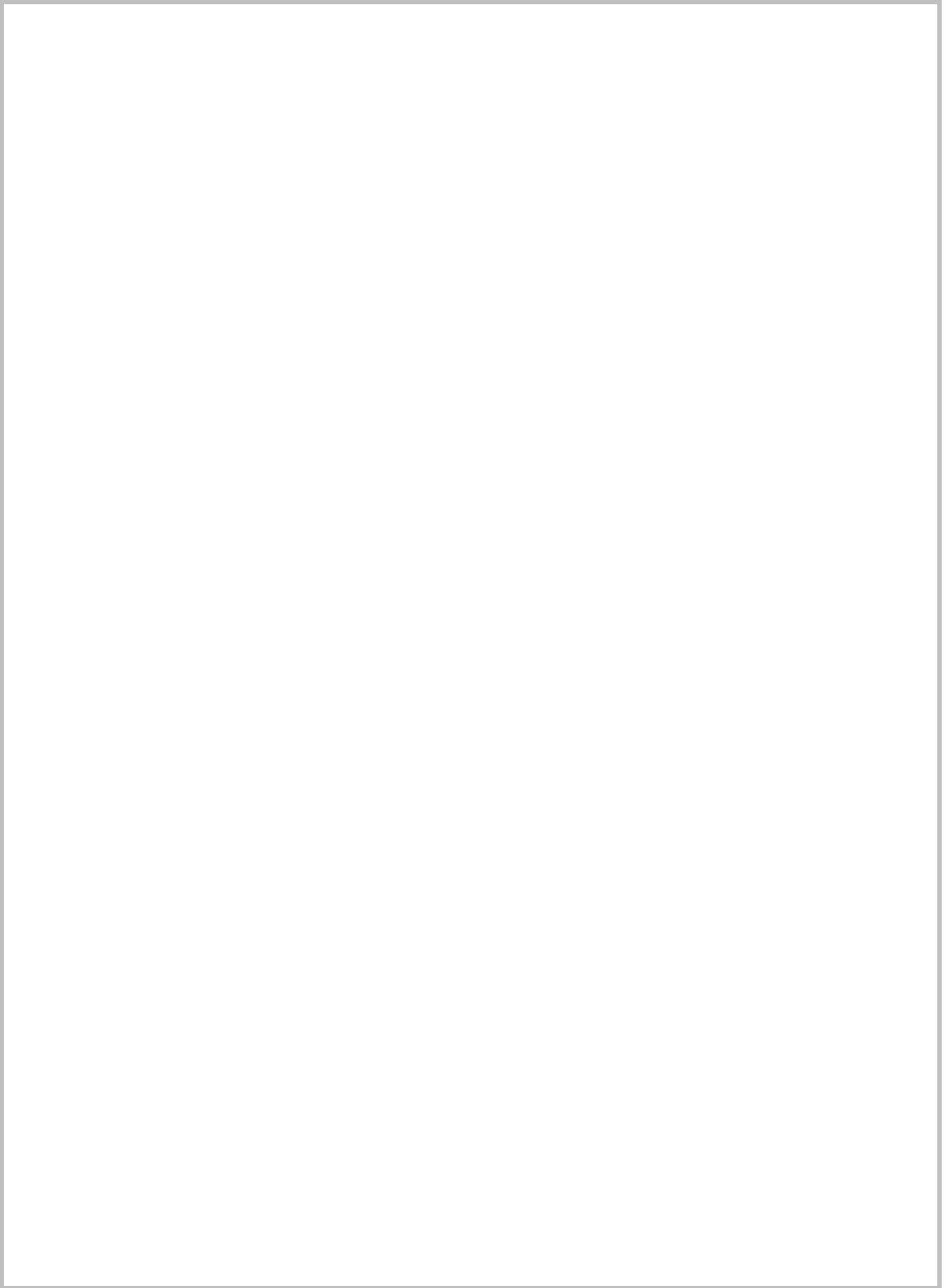
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APPLY - **How does this scripture apply to YOUR LIFE today?** Be specific and personal. What is God speaking to you, about your life, through this scripture today.

RESPOND - What specific **actions** will you take today in response to this scripture?

PRAY - Write your prayer to God in response to this scripture.



Through this 30-day journey through the topic of lust, you have seen that lust is a very real danger. Furthermore, when you lust, you bring God into your lustful activities (He is watching). Lastly, that the Bible gives real, everyday answers to set you free by God's grace from the power of lust in your life. Why don't you take a moment to write out a covenant with your eyes as Job did:
